



INTERNATIONAL LEIRIA TROPHY – EUROPEAN CUP

BOYS & GIRLS U15/U17/U19 (JUNIOR OPEN)

LEIRIA – PORTUGAL | 31st and 3rd April 2023

Dear Friends,

The Portuguese Modern Pentathlon Federation in association with the A.D.C.R. Bairro dos Anjos - Leiria, has the pleasure to invite the delegation from your country to participate in the “INTERNATIONAL LEIRIA TROPHY – EUROPEAN CUP” to be held in Leiria – Portugal, **for YOUTH U15 & U17 & U19/Junior (Open) from 31st - 3rd of April 2023** according to the provisional schedule below:

FRIDAY, March 31st

Arrival of the Delegations

20:00 – Technical Meeting

SATURDAY, April 1st

08:30 – Girls Ranking Round Fencing Event U17, U19 & Junior (Open)

15:00 – Boys Ranking Round Fencing Event U17, U19 & Junior (Open)

14h00 – Girls & Boys U15 Competition (Obstacles Event, Swimming Event, Laser Run Event)

20:00 – Dinner

SUNDAY, April 2nd

08:00 – Warm-up

09:00 - Girls Bonus Round Fencing Event U17, U19 & Junior (Open)

09:00 – Boys Bonus Round Fencing Event U17, U19 & Junior (Open)

10:00 – Girls & Boys Obstacles Event U17, U19 & Junior (Open)

14:00 – Girls & Boys Swimming Event U17, U19 & Junior (Open)

16:30 – Girls & Boys Laser Run Event U17, U19 & Junior (Open)

18:30 - Awards Ceremony U17, U19 & Junior (Open)

20:00 - Dinner

MONDAY, April 3rd

Departure of Delegations



IMPORTANT REMARKS :

Detailed program after Entries Deadline closed.

OBSTACLES

1. Steps;
2. Big wheel;
3. 1,5m wall;
4. Rings;
5. Balance beam;
6. Wheels;
7. Monkey bars;
8. Finish wall.

COMPETITION FORMATS

U15 – Obstacle Discipline, Swimming and Laser Run

U17 – Fencing, Obstacle Discipline, Swimming and Laser Run

U19 & Junior (Open) - Fencing, Obstacle Discipline, Swimming and Laser Run

RULES

The Competition will be carried out according to the UIPM rules.

Swimming: 25m indoor pool/8 lanes

Fencing: 10 pistes

Laser Run: 36 laser targets Ecoaims HIT & MISS provided by the LOC

Obstacle Discipline: 8 obstacles on a course 60m-70m length

ENTRIES

1. For the U15 Boys & Girls competition unlimited entries are welcome per nation;
2. For U17 Boys & Girls competition the invitation number allowed is 4 athletes per nation and gender. Extra athletes will be allowed if final number of 36 athletes per gender is not reached. LOC will respect order of entries;

3. For the U19 & Junior (Open) competition the invitation number allowed is 4 athletes per nation and gender. Extra athletes will be allowed if final number of 36 athletes per gender is not reached. LOC will respect order of entries;
4. An unlimited number of officials per nation (coaches, delegates, etc.) are welcome to join the competition.

EQUIPMENT

Equipment control for fencing will be immediately before the first round and laser weapons checking will happen prior to the warm-up.

ACCOMODATION INFORMATION

All delegations will stay at: Eurosol Leiria & Jardim Hotel (***)stars)

See more details at: Hotéis Eurosol

Delegation members (including athletes, coaches and officials) will be charged:

Hotel (***)Stars)	Single	Double
Eurosol Leiria & Jardim Hotel	105€ (person/night)	90€ (person/night)

This price will cover the expenses of your delegation for accommodation, meals and local transport (**Lisbon Airport**) **from your arrival on Friday, 31st March, until departure, 3rd April Monday after breakfast.**

Delegations are required to send by bank transfer 30% deposit of the total amount of your team accommodation invoice until **17th February 2023**, otherwise, the reservation will not be guaranteed.

Delegations arriving or departing before these dates and more than 2 different flights please contact with the LOC to confirm additional prize to cover the local transport.

NF wishing to arrange their own accommodation must pay an Accreditation Fee per participant (athletes, coaches and officials) of 50 Euros per day (minimum 2 days). The Accreditation Fee must be paid by bank transfer with the Final Entry Form or cash upon arrival.

BANK DETAILS

All the payments are accepted in EUROS only.

30% Send deposit to:	Account Name	Federação Portuguesa do Pentatlo Moderno
	Account Number	0344 006261 930
	IBAN	PT50 0035 0344 0000626193016
	Bank Name	Caixa Geral de Depósitos
	Address	Agência Gare do Oriente
	Swift Code	CGDIPTPL

TRANSPORTATION PLAN

The prices include local transport from LISBON Airport to the hotel and the return journey, but it's only guaranteed if flight information is provided in good time, as according to the deadline on Entry Form C.

Transportation from the hotel to the venue for participants will be according to the training and competition program.

ATHLETES LICENSES

Athletes are only allowed to participate in UIPM sanctioned events if they are registered with the UIPM.

INSURANCE

According the UIPM Rules all competitors must be current members of their Federation and are responsible for their own insurance cover for the event. The organizer will not accept any responsibility, financial or otherwise for loss, injury or illness of any delegation member.

VISAS AND VACCINATIONS: Important information, please read it!



Visiting nations should confirm visa and vaccination requirements for entry into Portugal prior travelling to the event. The LOC cannot accept responsibility for arranging visas, but can provide specific letters of invitation if needed.

ENTRY FORMS

We would appreciate the early confirmation of your intention to participate or not. Please submit Form A at the end of this document as soon as possible.

If you do not complete the information required or your delegation's deposit, we will assume that your delegation will not participate. Deadlines for the Entry Forms are as follows:

Entry A & B: Entry forms must return before 17th February 2023

Final Entry C: RETURN BEFORE 21st March 2023

Delegations are reminded of the Rule 1.14.3 & 1.14.5. Following confirmation of the final entries, a NF must enter the competition with at least one athlete. Any NF failing to take part after having sent their final entries will pay a fine of 600 Euros to UIPM.

If at your arrival, the team has less athletes and/or team officials than listed on the Final Entry Form and without inform the Organizing Nation/LOC at least 7 days prior to the arrival, the NF will pay a fine to the LOC of 200 Euros for each person not attending.

TRAINING CAMP

LOC is providing Training Camp on two different periods, one before the competition from March 28th to the 31st and another after, from April 3rd to the 6th. Please contact LOC for further informations.

OFFICIAL ADRESS

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We are looking forward to seeing you soon in Leiria. Let's welcome together a new era of Modern Pentathlon history with the new Obstacles Discipline!

Best regards,

FPPM President

LOC President

Dr. João Paulo Almeida

Abílio Figueira