



## UIPM 2022 Laser Run World Championships Lisbon, Portugal 22 - 25 September 2022

### GENERAL INFORMATION

Dear UIPM 2022 LRWCH delegations,

The UIPM and the Federação Portuguesa do Pentatlo Moderno would like to welcome each of you coming to Lisbon. It's an exciting time and the fact that many of you are travelling from 4 continents serves to remind us all just how important our work is.

**Please send us the email of the head of delegation for future notices.**

Please note the following important information:

#### 1- Competition Venue

Parque das Nações – Lisbon (same location as the UIPM 2016 LRWCH)

- <http://www.fppm.pt/Laser-RunChampionships2022/>

#### 2- Transportation

- No transportation will be provided from the airport to the hotels and from the hotels to the venue.

We suggest first to have a look at the Lisbon's underground network:

[https://www.metrolisboa.pt/wp-content/uploads/2022/04/Metropolitano-de-Lisboa\\_Diagrama-da-Rede\\_VAbr.2022.pdf](https://www.metrolisboa.pt/wp-content/uploads/2022/04/Metropolitano-de-Lisboa_Diagrama-da-Rede_VAbr.2022.pdf)

"Parque das Nações" (competition venue) is in the red line at the "Oriente" station. At the end of it, just 3 stations away, is the airport station "Aeroporto". So this means it is a short distance to the competition venue at Parque das Nações.

If you have chosen an accommodation that is near the underground network you will not have any problems travelling to the competition venues. It's the easiest and fastest way of transportation in Lisbon.

Uber app is also working normally in Lisbon.

#### 3- Accreditation Cards

Due to the high number of participants this year, there will not be accreditations but bracelets for athletes & coaches (1 coach per 5 athletes).



Official Address :  
Stade Louis II – Enée E  
13 avenue des Caselans  
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www.pentathlon.org



**If you haven't done it yet, we kindly ask all delegations to confirm their entries by answering to the email of [development@pentathlon.org](mailto:development@pentathlon.org) (sent on Thursday 8<sup>th</sup> September 2022) in order to enable us to produce finalised and correct Start Lists.**

#### 4- Technical Meetings

- Place: Centro de Juventude de Lisboa – Rua de Moscovide, 4.71.01 – 1998-011 Lisbon
- Individual Women & Men & Para Laser Run: Thursday 22 September 2022 – 18:00
- Mixed Relay: Saturday 24 September 2022 – during the day – **There won't be Technical Meeting for Mixed Relay, we'll contact the head of each delegation to confirm the registrations**

#### 5- Welcome drink

Date: Thursday 22 September 2022 – 16:30

Location: Same place as Technical Meeting above

2 members of each delegations are invited to participate to the welcome drink.

#### 6- Expected schedule (attached)

Please note that this schedule is an estimated schedule, there might be some changes but it gives a good overview of the programme.

Athletes **must** report to the call room **at least 15 minutes before the start of their race.**

#### 7- Pistols tests

In order to make sure that all pistols are still functional regarding the UIPM technical requirements, there will be pistols tests this year. It is crucial that all athletes drop their pistols during their allocated day to receive an homologation sticker.

Location: in the venue in a room that will be indicated for this purpose.

Athletes must drop their pistol the day before of their event according to the following programme:

- Wednesday 21 September 2022 - laser (beam) pistol test **Men & Women** from 14:00 to 20:00 (under the condition that Mr Sandor KARMAN has arrived without issue to Lisbon).
- Thursday 22 September 2022 – laser (beam) pistol test **only for Women** from 09:00 to 20:00
- Friday 23 September 2022 – laser (beam) pistol test **only for Men** from 09:00 to 20:00

#### 8- Food

- Bars and restaurants close to the competition venue as well as a big mall.

#### 9- Communication System

- In order to make communication more efficient, please ensure that you provide the contact email and phone number of your Head of Delegation **by replying to this email or latest at the 1<sup>st</sup> Technical Meeting.** This contact list will be used to send notices when necessary throughout the competition.



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## 10- Social Medias

Official competition hashtag is #LaserRun but athletes can also use #LRWCHs and #WorldChampions. Please advise your athletes/delegations to use them in social media while posting photos related to the competition.

## 11- Shooting system

There will be finally 30 targets + 2 reserve on the competition shooting range all provided by Eco Aims.

**Also, if you do not have a pistol, please contact as soon as possible the local organizers that are in copy of this email.**

## 12- LOC Contacts

**CEO:** Manuel BARROSO - [manuel.jlpbarroso@gmail.com](mailto:manuel.jlpbarroso@gmail.com)

**Competition Director:** Rui LUCENA - [fppm.direxecutivo@gmail.com](mailto:fppm.direxecutivo@gmail.com)

**General contact:** Ricardo ARRIFANO - [lr.wch.2022@gmail.com](mailto:lr.wch.2022@gmail.com)

We see you soon in Lisbon.

Kind regards,



**1 Sport 5 Disciplines**

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