

Laser Run Individual (6/7)

Heat	Age	Hour	Award Cerimony
	Warm-up	08:00	
1	Para Competition - Heat 1	09:00	10:15
2	Para Competition - Heat 2	09:30	
3	U9 F/M	10:00	10:30
4	U11 F	10:10	10:40
5	U11 M	10:20	10:50
6	U13 F	10:30	11:05
7	U13 M - Heat 1	10:45	11:35
8	U13 M - Heat 2	11:00	
9	M70 F/M	11:15	11:50
10	M60 F	11:30	12:10
11	M60 M	11:50	12:30
12	U15 F - Heat 1	12:10	13:00
13	U15 F - Heat 2	12:25	
14	U15 M - Heat 1	12:40	13:30
15	U15 M - Heat 2	12:55	
16	M40 F	13:10	13:50
17	M40 M - Heat 1	13:30	14:20
18	M40 M - Heat 2	13:45	
19	M50 F	14:00	14:40
20	M50 M - Heat 1	14:20	15:10
21	M50 M - Heat 2	14:35	
22	U17 F	14:50	15:30
23	U17 M	15:10	15:50
24	U19 F	15:30	16:15
25	U19 M	15:55	16:40
26	Jun F	16:20	17:05
27	Jun M	16:45	17:30
28	Sen F	17:10	18:20
29	Sen M	17:35	