

GRANDE PRÉMIO 3JOVEM 2025 (Etapa#4)PROVA OPEN PENTATLO MODERNORIO MAIOR, 2 NOVEMBRO DE 2025



FPPM
Federação Portuguesa
do Pentatlo Moderno



DESMOR

**RESULTADOS FINAIS**

Name	Heat	Group	Sexo	Year	TOTAL	V	D	FEN	PEN	Time	SWIM	PEN	Time	COMB
Sub-15 Fem		Sub-15	Fem											
1 CARDOSO, Margarida	PMP	Sub-15	2	2011	744					1:13,06	254	10	07:50,0	490
2 CARREIRA, Mariana	PMP	Sub-15	2	2012	728					1:19,64	251	0	08:03,0	477
3 SOUSA, Helena	PMP	Sub-15	2	2012	713					1:21,97	247	0	08:14,0	466
4 NUNES, Joana	SRC	Sub-15	2	2012	695					1:13,76	263	0	08:48,0	432
5 LOPES, Madalena	CNA	Sub-15	2	2011	658					1:32,64	225	0	08:47,0	433
6 PEDRO, Ariela	CNA	Sub-15	2	2012	203					1:43,98	203	0	ELM	ELM
Sub-15 Masc		Sub-15	Masc											
1 VICENTE, Martim	SRC	Sub-15	1	2012	791					1:16,17	258	0	07:07,0	533
2 FERNANDES, Gustavo	PMP	Sub-15	1	2011	770					1:10,24	270	0	07:40,0	500
3 MAGALHÃES, Duarte	ADCRBA	Sub-15	1	2012	242					1:24,34	242	0	ELM	ELM
Sub-17 Fem		Sub-17	Fem											
1 CARVALHO, Carolina	SRC	Sub-17	2	2010	906	15	12	222		2:49,83	211	0	10:57,0	473
2 LOUSÃO, Inês	CNA	Sub-17	2	2009	862	10	17	187		2:43,52	223	0	11:18,0	452
3 SILVA, Daniela	PMP	Sub-17	2	2010	821	15	12	222		2:45,94	219	0	12:30,0	380
4 ONIS, Cristina	AST	Sub-17	2	2012	713	7	20	166		3:12,66	165	0	12:28,0	382
5 NUNES, Diana	CNA	Sub-17	2	2009	419	11	16	194		2:42,96	225	0	ELM	ELM
Sub-17 Masc		Sub-17	Masc											
1 VINAGRE, Mateus	PMP	Sub-17	1	2009	1042	12	8	234		2:27,02	256	0	09:38,0	552
2 PINTO, Xavier	ADCRBA	Sub-17	1	2009	997	13	7	242		2:31,59	247	0	10:22,0	508
3 FERNANDES, Santiago	ADCRBA	Sub-17	1	2010	981	12	8	234		2:28,97	253	0	10:36,0	494
4 BOITA, Francisco	CNA	Sub-17	1	2012	954	4	16	170		2:34,54	241	0	09:47,0	543
5 COSTA, Afonso	ADCRBA	Sub-17	1	2010	949	15	5	258		2:34,91	241	0	11:20,0	450

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BANDEIRA
da ÉTICA



DESMOR

**RESULTADOS FINAIS**

Name	Heat	Group	Sexo	Year	TOTAL	V	D	FEN	PEN	Time	SWIM	PEN	Time	COMB
Sub-19 Fem		Sub-19	Fem											
1 CARVALHO , Maria	SRC	Sen	2	2008	990	16	11	229		2:36,46	238	0	12:57,0	523
2 SOUSA, Carolina	PMP	Sen	2	2008	832	11	16	194		2:33,39	244	0	15:06,0	394
Sub-19 Masc		Sub-19	Masc											
1 SOUTO, Tiago	LSC	Sen	1	2008	1125	14	6	250		2:18,99	273	0	11:38,0	602
2 FRAZÃO, Rodrigo	ADCRBA	Sen	1	2008	1022	9	11	210		2:25,70	259	0	12:27,0	553
4 PEREIRA, Miguel	ADCRBA	Sen	1	2008	935	6	14	186		2:25,93	259	0	13:30,0	490
3 CARREIRA, Martim	PMP	Sen	1	2008	921	9	11	210		2:36,73	237	0	13:46,0	474
5 SOUSA, Bruno	PMP	Sen	1	2007	855	7	13	194		2:45,18	220	0	14:19,0	441
Open Fem		Sen	Fem											
1 CUNHA, Luisa	CNA	Sen	2	2006	1019	22	5	271		2:32,84	245	0	13:17,0	503
3 PINTO, Filipa	ADCRBA	Sen	2	2006	931	14	13	215		2:32,85	245	0	13:49,0	471
5 VINAGRE, Juliana	PMP	Sen	2	2003	391	12	15	201		3:00,32	190	0	ELM	ELM
Open Masc		Sen	Masc											
3 MARTINHO, Gonçalo	SRC	Sen	1	2002	1061	9	11	210		2:34,18	242	0	11:31,0	609