

Resultados Finais



Nome	Clube	Esc	Ano	TOTAL	Tempo	NAT	Tempo Corrida	COMB	
Sub-09 Fem		Sub-9							
1	SERRANO, Maria Francisca	CNA	Sub-9	2017	<b>800</b>	0:56,35	228	02:48,00	572
Sub-09 Masc		Sub-9							
1	RODRIGUES, Gustavo	CNA	Sub-9	2017	<b>806</b>	0:52,84	235	02:49,00	571
2	RIBEIRO, Ary	SHARKS	Sub-9	2017	<b>785</b>	0:57,94	225	03:00,00	560
3	JERÓNIMO, Lourenço	SRC	Sub-9	2017	<b>769</b>	1:04,80	211	03:02,00	558
4	RIJO, Simão	CNA	Sub-9	2017	<b>690</b>	1:23,37	174	03:44,00	516
Sub-11 Fem		Sub-11							
1	OLIVEIRA, Filipa	CNA	Sub-11	2015	<b>819</b>	0:47,31	246	02:47,00	573
2	FERREIRA, Maria	CNA	Sub-11	2015	<b>814</b>	0:49,27	242	02:48,00	572
3	VICENTE, Lia	SRC	Sub-11	2016	<b>701</b>	1:32,10	156	03:15,00	545
4	COSTA, Lara	ADCRBA	Sub-11	2015	<b>DNS</b>	DNS	DNS	DNS	DNS
Sub-11 Masc		Sub-11							
1	FERREIRA, Gabriel	CNA	Sub-11	2016	<b>867</b>	0:37,47	266	02:19,00	601
2	CARDOSO, Levi	PMP	Sub-11	2015	<b>856</b>	0:38,61	263	02:27,00	593
3	LOPES, Tomás	CNA	Sub-11	2016	<b>828</b>	0:49,32	242	02:34,00	586
4	MARQUES, Daniel	CNA	Sub-11	2016	<b>820</b>	0:45,57	249	02:49,00	571
5	LOPES, Guilherme	CNA	Sub-11	2016	<b>794</b>	0:53,68	233	02:59,00	561
6	COSTA, Leonel	CNA	Sub-11	2015	<b>781</b>	1:03,24	214	02:53,00	567
7	BASSARAB, Daniel	CNA	Sub-11	2016	<b>778</b>	0:52,62	235	03:17,00	543
8	BIERNAT, Salvador	SRC	Sub-11	2016	<b>777</b>	1:04,44	212	02:55,00	565

Resultados Finais



Nome	Clube	Esc	Ano	TOTAL	Tempo	NAT	Tempo Corrida	COMB	
Sub-13 Fem		Sub-13							
1	FREIRE, Joana	SHARKS	Sub-13	2013	<b>840</b>	1:25,88	239	03:39,00	601
2	FERRARO, Lorena	SHARKS	Sub-13	2013	<b>837</b>	1:21,07	248	03:51,00	589
3	CARVALHO, Inês	GCVR	Sub-13	2013	<b>833</b>	1:06,81	277	04:24,00	556
4	SERRANO, Maria	CNA	Sub-13	2014	<b>827</b>	1:23,66	243	03:56,00	584
5	VALA, Francisca	ADCRBA	Sub-13	2013	<b>756</b>	1:29,02	232	04:56,00	524
6	AVELLAR, Maria	SRC	Sub-13	2014	<b>732</b>	1:57,43	176	04:24,00	556
7	POSTICA, Sofia	CNA	Sub-13	2014	<b>711</b>	1:58,65	173	04:42,00	538
8	SERRA, Elisa	ADCRBA	Sub-13	2013	<b>689</b>	1:38,41	214	05:45,00	475
9	MOROUÇO, Mariana	PMP	Sub-13	2013	<b>681</b>	1:59,25	172	05:11,00	509
10	VARELA, Ashley	CNA	Sub-13	2013	<b>DNS</b>	DNS	DNS	DNS	DNS
Sub-13 Masc		Sub-13							
1	ARMANDO, Elano	CNA	Sub-13	2014	<b>858</b>	1:20,72	249	03:31,00	609
2	SANTOS, Rafael	SHARKS	Sub-13	2013	<b>850</b>	1:21,91	247	03:37,00	603
3	RIBEIRO, Lucas	SHARKS	Sub-13	2013	<b>838</b>	1:27,95	235	03:37,00	603
4	NUNES, Guilherme	CNA	Sub-13	2013	<b>819</b>	1:24,58	241	04:02,00	578
5	FERREIRA, Miguel	ADCRBA	Sub-13	2014	<b>798</b>	1:28,30	234	04:16,00	564
6	RESENDE, Afonso	GCVR	Sub-13	2013	<b>780</b>	1:18,63	253	04:53,00	527
7	MORAIS, Bruno	GCVR	Sub-13	2013	<b>771</b>	1:23,60	243	04:52,00	528
8	SISMEIRO, Diogo	ADCRBA	Sub-13	2013	<b>760</b>	1:32,22	226	04:46,00	534
9	GOMES, Vicente	CNA	Sub-13	2014	<b>759</b>	1:46,28	198	04:19,00	561
10	JERÓNIMO, Simão	SRC	Sub-13	2013	<b>707</b>	1:53,40	184	04:57,00	523
11	CARLOS, Vicente	SRC	Sub-13	2014	<b>558</b>	DNS	DNS	04:22,00	558

GRANDE PRÉMIO 3JOVEM 2025 (Etapa#1) PROVA OPEN PENTATLO MODERNO CALDAS DA RAINHA - 22/23 FEVEREIRO DE 2025



RESULTADOS FINAIS

Name	Heat	Group	Sexo	Year	TOTAL	V	D	FEN	Time	SWIM	Time	OB	Time	COMB
Sub-15 Fem			Sub-15	Fem										
1	CARDOSO, Margarida	PMP	Sub-15	2	2011	<b>1074</b>			1:13,15	264	0:42,17	319	07:49,0	491
2	GOMES, Margarida	CNA	Sub-15	2	2011	<b>1018</b>			1:19,66	251	0:43,93	314	08:27,0	453
3	SOUSA, Helena	PMP	Sub-15	2	2012	<b>949</b>			1:23,97	243	1:08,63	240	08:14,0	466
4	DIAS, Rita	CNA	Sub-15	2	2012	<b>940</b>			1:22,73	245	1:17,75	212	07:57,0	483
5	LIMA, Maria	GCP	Sub-15	2	2011	<b>902</b>			1:19,38	252	1:10,16	235	09:05,0	415
6	PEDRO, Ariela	CNA	Sub-15	2	2012	<b>899</b>			1:46,85	197	1:00,78	263	08:41,0	439
7	CARREIRA, Mariana	PMP	Sub-15	2	2012	<b>844</b>			1:22,81	245	1:49,11	118	07:59,0	481
8	CURTO, Flor	PCC	Sub-15	2	2012	<b>782</b>			1:49,04	192	1:12,00	229	09:59,0	361
9	LAGOS, Alice	ADCRBA	Sub-15	2	2011	<b>715</b>			1:29,38	232	ELM	ELM	07:57,0	483
10	DELGADO, Matilde	SHARKS	Sub-15	2	2011	<b>710</b>			1:25,07	240	ELM	ELM	08:10,0	470
11	NUNES, Joana	SRC	Sub-15	2	2012	<b>688</b>			1:21,03	248	ELM	ELM	08:40,0	440
12	ONIS, Cristina	ESP	Sub-15	2	2012	<b>679</b>			1:32,88	225	ELM	ELM	08:26,0	454
13	LEAHU, Ariana	SRC	Sub-15	2	2012	<b>575</b>			1:39,59	211	ELM	ELM	09:56,0	364
14	LOPES, Clara	GCP	Sub-15	2	2011	<b>531</b>			1:47,72	195	ELM	ELM	10:24,0	336
15	RIJO, Lara	CNA	Sub-15	2	2012	<b>526</b>			1:58,27	174	DNS	DNS	10:08,0	352
Sub-15 Masc			Sub-15	Masc										
1	CALADO, Pedro	PMP	Sub-15	1	2011	<b>1140</b>			1:14,35	262	0:32,28	349	07:11,0	529
2	MIRANDA, Dinis	CNA	Sub-15	1	2012	<b>1083</b>			1:09,84	271	0:49,17	298	07:26,0	514
3	CAROÇO, Santiago	CNA	Sub-15	1	2012	<b>1063</b>			1:20,46	250	0:43,66	315	07:42,0	498
4	MAGALHÃES, Duarte	ADCRBA	Sub-15	1	2012	<b>1031</b>			1:33,68	223	0:46,47	306	07:38,0	502
5	FERNANDES, Gustavo	PMP	Sub-15	1	2011	<b>1018</b>			1:18,75	253	0:59,98	266	07:41,0	499
6	OLIVEIRA, David	CNA	Sub-15	1	2011	<b>982</b>			1:33,94	223	1:02,72	257	07:38,0	502

GRANDE PRÉMIO 3JOVEM 2025 (Etapa#1) PROVA OPEN PENTATLO MODERNO CALDAS DA RAINHA - 22/23 FEVEREIRO DE 2025



RESULTADOS FINAIS

Name	Heat	Group	Sexo	Year	TOTAL	V	D	FEN	Time	SWIM	Time	OB	Time	COMB
Sub-17 Fem		Sub-17	Fem											
1 NUNES, Diana	CNA	Sub-17	2	2009	<b>1219</b>	13	17	202	2:44,94	221	0:38,03	331	11:05,0	465
2 CARVALHO, Carolina	SRC	Sub-17	2	2010	<b>1131</b>	16	14	220	2:56,53	197	1:00,13	265	11:21,0	449
3 SILVA, Daniela	PMP	Sub-17	2	2010	<b>1117</b>	16	14	220	2:47,60	215	0:52,24	289	12:17,0	393
4 OLIVEIRA, Leonor	SRC	Sub-17	2	2010	<b>1106</b>	8	22	172	2:59,36	192	0:55,10	280	11:08,0	462
5 ONIS, Sara	ESP	Sub-17	2	2009	<b>795</b>	12	18	196	2:45,95	219	:00,00	0	12:30,0	380
6 FRANCO, Beatriz	PCC	Sub-17	2	2009	<b>702</b>	3	27	142	3:14,16	162	:00,00	0	12:12,0	398
Sub-17 Masc		Sub-17	Masc											
1 PINTO, Xavier	ADCRBA	Sub-17	1	2009	<b>1364</b>	24	12	245	2:28,87	253	0:35,21	340	10:04,0	526
2 VINAGRE, Mateus	PMP	Sub-17	1	2009	<b>1351</b>	15	21	200	2:32,60	245	0:34,37	342	09:26,0	564
3 FERNANDES, Santiago	ADCRBA	Sub-17	1	2010	<b>1330</b>	16	20	205	2:34,66	241	0:30,18	355	10:01,0	529
4 HERNÁNDEZ, Pablo	ESP	Sub-17	1	2010	<b>1250</b>	8	28	165	2:42,97	225	0:38,81	329	09:59,0	531
5 LOPES, Diogo	CNA	Sub-17	1	2010	<b>1249</b>	16	20	205	2:44,23	222	0:46,70	305	10:13,0	517
6 MOROUÇO, João	PMP	Sub-17	1	2009	<b>1210</b>	10	26	175	2:44,67	221	0:52,38	288	10:04,0	526
7 COSTA, Afonso	ADCRBA	Sub-17	1	2010	<b>1017</b>	16	20	205	3:02,15	186	0:51,44	291	13:15,0	335
Open Fem		Sen	Fem											
1 VILA VEIGA, Mercedes	ESP	Sen	2	2004	<b>1344</b>	19	11	238	2:32,41	246	0:49,11	298	12:18,0	562
2 NAVE, Mariana	CNA	Sen	2	2006	<b>1324</b>	19	11	238	2:32,29	246	0:45,11	310	12:50,0	530
3 CUNHA, Luísa	CNA	Sen	2	2006	<b>1304</b>	21	9	250	2:28,78	253	0:52,69	287	13:06,0	514
4 CARVALHO, Maria	SRC	Sen	2	2008	<b>1264</b>	15	15	214	2:43,21	224	0:47,63	303	12:57,0	523
5 PINTO, Filipa	ADCRBA	Sen	2	2006	<b>1237</b>	17	13	226	2:36,34	238	0:40,42	324	14:11,0	449
6 SOUSA, Carolina	PMP	Sen	2	2008	<b>1203</b>	15	15	214	2:35,68	239	0:44,23	313	14:23,0	437
7 SARAIVA, Sara	ADCRBA	Sen	2	2007	<b>1069</b>	13	17	202	2:50,95	209	0:50,58	294	15:36,0	364
8 VINAGRE, Juliana	PMP	Sen	2	2003	<b>924</b>	20	10	244	2:56,47	198	:00,00	0	13:38,0	482
9 GONÇALVES, Filipa	ADCRBA	Sen	2	2008	<b>900</b>	14	16	208	2:43,74	223	1:15,18	220	17:31,0	249
10 FRANCISCO, Catarina	CNA	Sen	2	2008	<b>784</b>	19	11	238	2:52,56	205	0:34,72	341	00:00,0	0
11 BIERNAT, Tereza	SRC	Sen	2	1987	<b>589</b>	DNS	DNS	0	3:45,64	99	1:16,06	217	17:07,0	273
Open Masc		Sen	Masc											
1 TALEIGO, Duarte	CNA	Sen	1	2003	<b>1592</b>	29	7	270	2:09,97	291	0:25,31	370	10:39,0	661
2 PEREIRA, Gonçalo	CNA	Sen	1	2005	<b>1486</b>	24	12	245	2:13,94	283	0:23,13	376	11:58,0	582
3 SOUTO, Tiago	LSC	Sen	1	2008	<b>1472</b>	23	13	240	2:26,00	258	0:24,87	371	11:37,0	603
4 MARTINHO, Gonçalo	SRC	Sen	1	2002	<b>1429</b>	14	22	195	2:32,47	246	0:27,44	363	11:15,0	625
5 LOPEZ SAAVEDRA, Hect	ESP	Sen	1	2008	<b>1423</b>	17	19	210	2:21,29	268	0:33,31	346	11:41,0	599
6 ANTUNES, Frederico	LCM	Sen	1	2008	<b>1416</b>	22	14	235	2:18,50	273	0:35,66	339	12:11,0	569
7 FRAZÃO, Rodrigo	ADCRBA	Sen	1	2008	<b>1408</b>	22	14	235	2:30,07	250	0:31,60	351	12:08,0	572
8 NETO, Martim	ADCRBA	Sen	1	2007	<b>1382</b>	22	14	235	2:33,53	243	0:30,12	355	12:31,0	549
9 JANEIRO SANFIZ, Beltrar	ESP	Sen	1	2008	<b>1329</b>	15	21	200	2:42,82	225	0:43,63	315	11:51,0	589
10 CARREIRA, Martim	PMP	Sen	1	2008	<b>1299</b>	20	16	225	2:43,21	224	0:31,00	352	13:22,0	498
11 VEIGA, Alfredo	CNA	Sen	1	2004	<b>1142</b>	DNS	DNS	DNS	2:42,63	225	0:30,40	354	12:17,0	563
12 SOUSA, Bruno	PMP	Sen	1	2007	<b>1099</b>	8	28	165	2:49,47	212	0:43,16	316	14:54,0	406
13 SUBTIL, João	AAACM	Sen	1	1972	<b>745</b>	20	16	225	3:38,58	113	1:04,43	252	19:05,0	155
14 PEREIRA, Miguel	ADCRBA	Sen	1	2008	<b>247</b>	DNS	DNS	DNS	2:31,69	247	DNS	DNS	DNS	DNS